

**NSL V.2.3**  
**RE-FORMATTED**  
**19/11/2008**

DESTROY ALL EARLIER VERSIONS  
 EMAIL THE COMPLETED RESULT  
 TO YOUR LEAGUE SECRETARY

DEFAULT  
 POINTS

8 LANE 1800  
 7 LANE 1400  
 6 LANE 1050  
 5 LANE 750

Dqs, TIES ETC WILL CHANGE  
 THESE FIGURES

OVERALL POINTS  
 TOTAL

**1047**

# THE NATIONAL SWIMMING LEAGUE

LEAGUE & DIVISION				East Midlands, Division 1												ROUND/GALA NUMBER						Round 3, Gala 3														
VENUE				Cambridge												DATE																				
LANE 2 Kings Lynn				LANE 3 Cambridge			LANE 4 Worksop			LANE 5 Lowestoft			LANE 6 Sherwood			LANE 7 Louth			LANE			LANE 0			LANE			LANE 0								
PLACE <b>5</b>				PLACE <b>1</b>			PLACE <b>2</b>			PLACE <b>4</b>			PLACE <b>3</b>			PLACE <b>6</b>			PLACE			PLACE			PLACE			PLACE								
POINTS <b>155</b>				POINTS <b>210</b>			POINTS <b>200</b>			POINTS <b>173</b>			POINTS <b>174</b>			POINTS <b>135</b>			POINTS <b>0</b>			POINTS <b>0</b>			POINTS <b>0</b>			POINTS <b>0</b>								
EVENTS				TIME	PLACE	POINTS	TIME	PLACE	POINTS	TIME	PLACE	POINTS	TIME	PLACE	POINTS	TIME	PLACE	POINTS	TIME	PLACE	POINTS	TIME	PLACE	POINTS	TIME	PLACE	POINTS	TIME	PLACE	POINTS	TIME	PLACE	POINTS	TIME	PLACE	POINTS
1	Ladies	Open	Individual Medley	2:36.97	3	4	2:39.44	4	3	2:41.87	5	2	2:30.72	1	6	2:42.14	6	1	2:34.32	2	5		0	0		0			0			0				
2	Mens	Open	Individual Medley	2:19.93	5	2	2:05.55	1	6	2:07.44	2	5	2:15.81	3	4	2:30.04	6	1	2:19.58	4	3		0	0		0			0			0				
3	Girls	11/u	Freestyle Relay	0:00.00	0		2:19.73	3	4	2:19.42	2	5	2:13.41	1	6	2:31.36	5	2	2:26.42	4	3		0	0		0			0			0				
4	Boys	11/u	Freestyle Relay	2:19.51	4	3	2:13.88	2	5	2:16.24	3	4	2:10.08	1	6	2:39.80	6	1	2:21.23	5	2		0	0		0			0			0				
5	Girls	13/u	Medley Relay	2:14.56	1	6	2:20.62	4	3	2:18.95	3	4	2:22.20	5	2	2:16.72	2	5	2:30.10	6	1		0	0		0			0			0				
6	Boys	13/u	Medley Relay	2:23.07	5	2	2:17.24	2	5	2:21.29	3	4	2:29.51	6	1	2:14.68	1	6	2:21.56	4	3		0	0		0			0			0				
7	Girls	15/u	Freestyle Relay	2:03.37	4	3	1:58.09	1	6	2:06.23	5	2	2:12.73	6	1	2:01.05	2	5	2:03.14	3	4		0	0		0			0			0				
8	Boys	15/u	Freestyle Relay	1:53.62	4	3	1:54.37	5	2	1:45.90	2	5	1:56.53	6	1	1:45.27	1	6	1:49.86	3	4		0	0		0			0			0				
9	Ladies	Open	Medley Relay	2:14.82	3	4	2:16.13	4	3	2:17.67	5	2	2:13.65	2	5	2:12.59	1	6	2:35.86	6	1		0	0		0			0			0				
10	Mens	Open	Medley Relay	1:58.20	5	2	1:49.14	1	6	1:53.28	2	5	1:55.70	4	3	2:00.61	6	1	1:54.05	3	4		0	0		0			0			0				
11	Girls	11/u	Backstroke	0:41.15	4	3	0:41.31	5	2	0:38.24	2	5	0:37.87	1	6	0:41.64	6	1	0:39.93	3	4		0	0		0			0			0				
12	Boys	11/u	Backstroke	0:36.50	2	5	0:36.49	1	6	0:37.76	4	3	0:37.57	3	4	0:40.48	5	2	0:42.00	6	1		0	0		0			0			0				
13	Girls	13/u	Breaststroke	1:25.40	4	3	1:24.92	3	4	1:20.65	1	6	1:25.98	5	2	1:22.17	2	5	1:26.03	6	1		0	0		0			0			0				
14	Boys	13/u	Breaststroke	1:24.92	2	5	1:25.33	3	4	1:35.09	6	1	1:18.26	1	6	1:27.11	5	2	1:27.02	4	3		0	0		0			0			0				
15	Girls	15/u	Backstroke	1:11.29	2	5	1:10.72	1	6	1:15.09	5	2	1:14.84	4	3	1:11.67	3	4	1:21.54	6	1		0	0		0			0			0				





