



Internal Entries City of Cambridge Swimming Club 2016 Mini Meet Grand Prix

Saturday 17th September 2016

**Parkside Pools, Cambridge
6pm Warm-up for 6.30pm Start**

This Mini Meet is an unlicensed meet, but will be run under normal ASA gala conditions in order to give less experienced swimmers and swimmers without official registered times, a chance to compete. Awards will be given to the 1st, 2nd & 3rd fastest in the 8/U, 9/U, 10/U, 11/U and 12/u age groups (age as of 17th September 2016) in all events. Events will be swum as mixed age groups and swimmers will be seeded by entry time.

Please note that a **'two start'** rule will be applied to all races, and that all events will be heat declared (ie: no finals). There will be a small entry charge for spectators. Please seek advice from your Coach if you have any questions. A "first come first served" policy will be in place with regards to the entries.

Keep this section for your reference; return the lower part to your Coach .

FEES:

£5.00 per swim

-OR-

£12.00 per meet

(NOTE: Make all cheques payable to CoCSC. No Refunds)

Entry Closing Dates:

The closing date for each meet will be 3 weeks before the event:

**Please pass your form and payment to your coach marked FAO mini meets
Payment made out to CoCSC**



Please complete in CAPITALS.

Surname:	First name:
Address:	Boy / Girl (delete one)
	Date of Birth: (dd/mm/yy)
	ASA Number:
Age on September 17th 2016:	Club/Squad:
Telephone no.	
Parent/Guardian Name:	Parent /Guardian email:

**Please tick event & put your best time in the box for the event(s) you are entering, or N/T (No Time) if you do not have a time.*

Meet 1 (Saturday 17th September 2016)

All events have Male and Female Heats

✓	Event	Entry Time *
	100m Freestyle	
	50m Backstroke	
	50m Breaststroke	
	50m Butterfly	
	200m Freestyle (10 & Over)	

Number of events entered = Total entry fee enclosed = £.....

Parents/families of Swimmers: Did you know it takes 30+ volunteers to run a well organised, relaxed and above all a safe gala? Most jobs are not difficult and with plenty of helpers it can be fun! No prior experience is needed. If you can help, complete the details below and we will be in touch.

I / we would like to help at the Gala on Saturday 2016.

Name(s): _____

Tel/email: _____

Please print clearly name(s) of each volunteer and a contact phone number/email address.