

East Swimming 2016 Short Course Championships



(Under ASA Laws and Regulations and ASA Technical Rules of Racing)

4th to 6th November 2016 at Inspire: Luton Sports Village, Luton (2ER161979)

Schedule Of Events

Session 1 Friday 4th November - Start: 18:30

| | | | | |
|-----|--------|-------|-----------|----|
| 101 | Womens | 800m | Freestyle | TF |
| 102 | Mens | 1500m | Freestyle | TF |

Session 2 Saturday 5th November - Start: 09:00

| | | | | |
|-----|--------|------|--------------|-------|
| 201 | Mens | 200m | I.M. | Heats |
| 202 | Womens | 50m | Backstroke | Heats |
| 203 | Mens | 50m | Freestyle | Heats |
| 204 | Womens | 200m | Butterfly | Heats |
| 205 | Mens | 200m | Butterfly | Heats |
| 206 | Womens | 100m | Breaststroke | Heats |
| 207 | Mens | 100m | Breaststroke | Heats |
| 208 | Womens | 100m | I.M | Heats |
| 209 | Mens | 400m | Freestyle | TF |

Session 5 Sunday 6th November - Start: 09:00

| | | | | |
|-----|--------|------|--------------|-------|
| 501 | Womens | 200m | I.M. | Heats |
| 502 | Mens | 50m | Backstroke | Heats |
| 503 | Womens | 50m | Freestyle | Heats |
| 504 | Mens | 200m | Breaststroke | Heats |
| 505 | Womens | 200m | Breaststroke | Heats |
| 506 | Mens | 100m | Butterfly | Heats |
| 507 | Womens | 100m | Butterfly | Heats |
| 508 | Mens | 100m | IM | Heats |
| 509 | Womens | 400m | Freestyle | TF |

Session 3 Saturday 5th November - Start: TBA

| | | | | |
|-----|--------|----------|-----------------|-------|
| 301 | Womens | 400m | I.M. | TF |
| 302 | Mens | 100m | Backstroke | Heats |
| 303 | Womens | 100m | Freestyle | Heats |
| 304 | Mens | 200m | Freestyle | Heats |
| 305 | Womens | 50m | Butterfly | Heats |
| 306 | Mens | 50m | Butterfly | Heats |
| 307 | Womens | 200m | Backstroke | Heats |
| 308 | Mens | 4 x 200m | Freestyle Relay | TF |

Session 6 Sunday 6th November - Start: TBA

| | | | | |
|-----|--------|----------|-----------------|-------|
| 601 | Mens | 400m | I.M. | TF |
| 602 | Womens | 100m | Backstroke | Heats |
| 603 | Mens | 100m | Freestyle | Heats |
| 604 | Womens | 200m | Freestyle | Heats |
| 605 | Mens | 50m | Breaststroke | Heats |
| 606 | Womens | 50m | Breaststroke | Heats |
| 607 | Mens | 200m | Backstroke | Heats |
| 608 | Womens | 4 x 200m | Freestyle Relay | TF |

Session 4 Saturday 5th November - Start: TBA

| | | | | |
|-----|--------|----------|-----------------|-------|
| 401 | Mens | 200m | I.M. | Final |
| 402 | Womens | 50m | Backstroke | Final |
| 403 | Mens | 50m | Freestyle | Final |
| 404 | Womens | 200m | Butterfly | Final |
| 405 | Mens | 200m | Butterfly | Final |
| 406 | Womens | 100m | Breaststroke | Final |
| 407 | Mens | 100m | Breaststroke | Final |
| 408 | Womens | 100m | I.M | Final |
| 409 | Mens | 100m | Backstroke | Final |
| 410 | Womens | 100m | Freestyle | Final |
| 411 | Mens | 200m | Freestyle | Final |
| 412 | Womens | 50m | Butterfly | Final |
| 413 | Mens | 50m | Butterfly | Final |
| 414 | Womens | 200m | Backstroke | Final |
| 415 | Mens | 4 x 100m | Freestyle Relay | TF |
| 416 | Womens | 4 x 100m | Medley Relay | TF |

Session 7 Sunday 6th November - Start: TBA

| | | | | |
|-----|--------|----------|-----------------|-------|
| 701 | Womens | 200m | I.M. | Final |
| 702 | Mens | 50m | Backstroke | Final |
| 703 | Womens | 50m | Freestyle | Final |
| 704 | Mens | 200m | Breaststroke | Final |
| 705 | Womens | 200m | Breaststroke | Final |
| 706 | Mens | 100m | Butterfly | Final |
| 707 | Womens | 100m | Butterfly | Final |
| 708 | Mens | 100m | IM | Final |
| 709 | Womens | 100m | Backstroke | Final |
| 710 | Mens | 100m | Freestyle | Final |
| 711 | Womens | 200m | Freestyle | Final |
| 712 | Mens | 50m | Breaststroke | Final |
| 713 | Womens | 50m | Breaststroke | Final |
| 714 | Mens | 200m | Backstroke | Final |
| 715 | Womens | 4 x 100m | Freestyle Relay | TF |
| 716 | Mens | 4 x 100m | Medley Relay | TF |

TF = timed final