



CAMBRIDGESHIRE AMATEUR SWIMMING ASSOCIATION

Affiliated to ASA East Region

County Development Championships 2017

(Under ASA Laws and FINA Technical Swimming Rules)

Weekend 1 – 4th June

Manor Centre, Whittlesey, PE7 1UA
License: 3ER171200

Weekend 2 – 11th June

Regional Pool, Peterborough, PE1 5BW
License: 3ER171201

Pools	6 Lane, 25m Pool, Electronic timing, Anti-turbulence lane ropes
Age Groups	9, 10, 11, 12, 13, 14, 15, and 16/over age as at 11 June 2017
Awards	Top 3 in each age band, each event
Events	50m, 100m* & 200m All Strokes 400m Freestyle, 100m 200m & 400m* IM
Race Entry Fee	£5.00 per event
Spectator Entry Fee	£4.00 per session
Entries & Enquiries to	Paula Durrant at chairman@cambsasa.co.uk
Closing Date for Entries	midnight Friday 5th May 2017

* age permitting

Cambridgeshire ASA
County Development Championships 2017
Promoters Conditions

1. The Cambridgeshire ASA Development Championships shall be held under ASA Laws and Regulations, ASA Technical Rules of Racing and to the ASA Open Meet Licensing Criteria.
2. Swimmers shall be members of an affiliated Cambridgeshire club and shall be registered as Category 2 with the ASA.
3. Entry times must be entered for all events that are slower than the upper limit time for that event. Club coaches are responsible for checking that the times are appropriate for the swimmer. All times are to be short course times. No Time 'NT' **WILL NOT** be accepted.
4. Any swimmer who has already achieved a time that allowed them to swim in the County Championships for that event will not be permitted to take part in that event at the Cambridgeshire ASA Development Championships. The promoter reserves the right not to refund entry fee for any swimmers rejected for this reason.
5. The entry fee is £5.00 per individual event. **All entries and correspondence must be submitted by a club affiliated with C.A.S.A. Entries sent individually will be returned.**
6. Entries will be processed electronically using Sportsystems Meet Organisation Software. Entry into this competition implies acceptance that only necessary personal data will be stored electronically and used for the purposes of administering the meet and the results. Sportsystems entry files and instructions will be made available from the promoter by email to all Cambridgeshire ASA affiliated clubs.
7. Entries must be submitted electronically via email to the Meet Promoter, chairman@cambsasa.co.uk The closing date is midnight Friday 5th May 2017. Clubs are encouraged to submit electronic entries before the final closing date. No entry times will be updated after receipt. Entries are not considered received until payment has been received. Clubs should provide the Cambridgeshire ASA with a single payment for their clubs' entries.
8. Depending on the number of entries, the promoter reserves the right to restrict the number of entries for any event to a maximum number of heats and then to reject the slowest competitors for their age group and event. This decision will be based on the maximum time allowable by ASA laws for the whole session.
9. Full entry lists confirming each swimmer's entry will be sent to their club's contact email address by Sunday 14th May 2017.
10. All swimmers informed of having accepted entries will be deemed as competing unless they have informed the promoter via withdrawals@cambsasa.co.uk by midnight on Sunday 21st May 2017 stating the event number, full name, date of birth and entry time. Acknowledgment of the withdrawal will be made to both the relevant club contact and by reply to the email received. Any competitor that subsequently withdraws from an event on medical grounds will not be able to participate in any further events for the remainder of that session.
11. Coaches must submit a withdrawal form prior to the commencement of warm-up for any competitor who is withdrawing on the day.
12. Fifteen minutes prior to the start of the session, or one event prior to the event in which you are competing you should present yourself to the Competitors' Steward. IT IS THE RESPONSIBILITY OF THE SWIMMER TO BE AT THE MARSHALLING AREA IN TIME FOR THEIR EVENT.
13. All events will be heat declared winners; age groups are as follows, 9, 10, 11, 12, 13, 14, 15 and 16+. Medals will be awarded to the top 3 swimmers in each event.

14. Admission charges per session are £4.00. Children under 16 and senior citizens are FREE. Swimmers will be allowed in the seating area free of charge provided they are dry, fully clothed and wearing suitable footwear. Spectators will be asked to clear the balcony between sessions.
15. Access to poolside is not permitted without a coach's or poolside pass. All swimmers must be supervised on poolside. Clubs must ensure there are enough adults on poolside with valid passes to provide adequate supervision. Coach passes are available at a charge of £10.00 per day, which includes lunch on Saturday and Sunday and a programme. Whole weekend passes with food are £20.00. Personal care attendants will be permitted for swimmers in all disability classes and poolside passes will be issued at no charge, providing that these are requested in advance. Coach passes with no food may also be requested, again at no charge. Passes must be displayed at all times. Poolside access will be restricted to swimmers, officials, Cambridgeshire ASA helpers and those with Coach passes or personal care attendant passes.
16. All participating clubs are requested to provide officials and helpers so that the competition can run smoothly. The promoter reserves the right to cancel the gala if there are not sufficient officials or helpers making themselves available in good time before the gala.
17. Session times may be subject to change dependent on entries received. Warm-up will begin 55 minutes before the session start and will be of the duration of at least 40 minutes. A chief warm-up steward will be provided by the promoter. Swimmers cannot commence warm-up until their coach or representative is present to supervise each lane.
18. In accordance with the ASA Child Safeguarding Policies and Procedures any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images, particularly if those images are being shared with family and friends through social media platforms.
19. Should you have any concerns about photography or filming at this event then please bring them to the attention of the Meet Promoter, Mrs Paula Durrant.
20. Photographs of the meet may be taken by representatives of the promoters of the event and may be used for promotional purposes. Entry into the competition implies acceptance of this condition.

Any question arising, for which these conditions do not provide an answer, shall be determined by the promoter. Protests shall be made and dealt with as detailed in ASA Law.

Payment can be made by Cheque, made payable to 'Cambridgeshire ASA', or BACS.

Clubs paying electronically should email stuarttawn@btinternet.com with the date paid amount paid and an electronic version of the entry summary. Postal payment please include a copy of the entry summary and send to Stuart Tawn at the address below

Stuart Tawn
27 Smeeth Road,
Marshland St James,
Wisbech,
PE14 8JF.

Bank - NatWest, 1 Market Place, Wisbech, PE13
1DT
Sort Code - 55-81-28
Account Name - Cambridgeshire Amateur
Swimming Association
Account No - 07205031

Cambridgeshire ASA County Development Championships 2017

Programme of Events

Sunday 4th June – Manor Centre, Whittlesey

Session 1 – 9:30 warm-up and 10:30 start

- EVENT 101 – Girls 9/Over 400m Freestyle
- EVENT 102 – Boys 9/Over 200m Backstroke
- EVENT 103 – Girls 9/Over 50m Backstroke
- EVENT 104 – Boys 9/Over 50m Breaststroke
- EVENT 105 – Girls 9/Over 200m Butterfly
- EVENT 106 – Boys 9/Over 100m Individual Medley
- EVENT 107 – Girls 10/Over 100m Breaststroke
- EVENT 108 – Boys 10/Over 100m Freestyle

Session 2 – warm-up and start tbc

- EVENT 201 – Boys 9/Over 400m Freestyle
- EVENT 202 – Girls 9/Over 200m Backstroke
- EVENT 203 – Boys 9/Over 50m Backstroke
- EVENT 204 – Girls 9/Over 50m Breaststroke
- EVENT 205 – Boys 9/Over 200m Butterfly
- EVENT 206 – Girls 9/Over 100m Individual Medley
- EVENT 207 – Boys 10/Over 100m Breaststroke
- EVENT 208 – Girls 10/Over 100m Freestyle

Sunday 11th June –Regional Pool, Peterborough

Session 3 – 12:30 warm-up and start 13:30

- EVENT 301 – Girls 12/Over 400m Individual Medley
- EVENT 302 – Boys 9/Over 200m Individual Medley
- EVENT 303 – Girls 9/Over 50 Freestyle
- EVENT 304 – Boys 9/Over 50 Butterfly
- EVENT 305 – Girls 9/Over 200 Breaststroke
- EVENT 306 – Boys 9/Over 200 Freestyle
- EVENT 307 – Girls 10/Over 100 Butterfly
- EVENT 308 – Boys 10/Over 100 Backstroke

Session 4 – warm-up and start tbc

- EVENT 401 – Boys 12/Over 400m Individual Medley
- EVENT 402 – Girls 9/Over 200m Individual Medley
- EVENT 403 – Boys 9/Over 50 Freestyle
- EVENT 404 – Girls 9/Over 50 Butterfly
- EVENT 405 – Boys 9/Over 200 Breaststroke
- EVENT 406 – Girls 9/Over 200 Freestyle
- EVENT 407 – Boys 10/Over 100 Butterfly
- EVENT 408 – Girls 10/Over 100 Backstroke

Cambridgeshire ASA County Development Championships 2017

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ASA Technical Rules of Racing and to the ASA Open Meet Licensing Criteria

Age as of 11th June 2017

Manor Centre Whittlesey 4th June 2017

Regional Pool Peterborough 11th June 2017

Surname:				First Name:					
DoB:		Address:							
ASA Reg.									
Tel:		Club:							
Age Group as of 11th June 2017 (Please Circle)		9	10	11	12	13	14	15	16+
Event	Entry Time 'NT' NOT ACCEPTED	Total Entries	Date / Venue						
50m FREESTYLE									
100m FREESTYLE			(Age 10 and over only)						
200m FREESTYLE									
400m FREESTYLE									
50m BACKSTROKE									
100m BACKSTROKE			(Age 10 and over only)						
200m BACKSTROKE									
50m BREASTSTROKE									
100m BREASTSTROKE			(Age 10 and over only)						
200m BREASTSTROKE									
50m BUTTERFLY									
100m BUTTERFLY			(Age 10 and over only)						
200m BUTTERFLY									
100m IM									
200m IM									
400m IM			(Age 12 and over only)						
CLOSING DATE FOR ENTRIES – Friday 5 th May 2017			@ £5.00 per Event = £						
Please make your entry payment to your club who will in turn pay the county in a single payment for all club swimmers.									
CERTIFICATION: I hereby declare that the above particulars are correct and that I am an eligible competitor in accordance with the Laws of the ASA and will abide by the conditions laid down by Cambridgeshire County ASA for this competition.									
Signature of Competitor: _____ Date: _____									
Signed by Club Official: _____ Date: _____									
Position in Club: _____									



County Development Championships Qualifying Times



ALL ENTRIES MUST INCLUDE A TIME WHICH IS SLOWER THAN THOSE BELOW

AGE AS AT 11th June 2017

BOYS							EVENT	GIRLS						
9	10/11	12	13	14	15	16+		9	10/11	12	13	14	15	16+
43:00	40:68	36:98	35:22	32:02	31:08	29:89	50m Freestyle	44:00	41:54	38:64	36:80	35:05	34:03	32:72
	1.25:00	1.21:46	1.16:34	1.11:85	1.07:37	1.05:25	100m Freestyle		1.27:00	1.23:75	1.17:01	1.14:78	1.11:62	1.09:92
3.16:00	3.13:59	2.58:04	2.45:78	2.32:37	2.24:99	2.21:12	200m Freestyle	3.16:50	3.13:70	2.59:44	2.45:32	2.36:53	2.34:05	2.28:56
6.45:00	6.37:23	6.04:91	5.44:40	5.27:14	5.16:26	5.06:36	400m Freestyle	6.49:00	6.42:63	6.11:34	5.50:15	5.39:93	5.33:28	5.32:28
59:00	56:55	47:13	44:88	42:74	40:71	38:77	50m Breaststroke	1.00:00	54:59	49:63	47:27	45:02	42:87	40:83
	1.50:00	1.47:38	1.38:12	1.29:99	1.25:27	1.22:01	100m Breaststroke		1.52:00	1.45:91	1.38:54	1.31:92	1.31:22	1.27:93
4.15:00	4.10:40	3.49:78	3.31:62	3.15:53	3.03:79	2.55:28	200m Breaststroke	4.12:00	4.07:18	3.49:11	3.33:60	3.18:89	3.15:26	3.12:70
49:00	47:80	42:49	38:52	35:93	35:05	32:46	50m Butterfly	51:00	49:49	43:99	40:92	38:07	37:14	35:37
	1.35:00	1.30:10	1.24:59	1.18:06	1.14:48	1.10:51	100m Butterfly		1.37:00	1.32:29	1.26:50	1.22:74	1.19:26	1.16:97
3.55:00	3.51:16	3.21:36	3.15:88	2.58:84	2.51:04	2.44:67	200m Butterfly	3.52:00	3.47:56	3.24:23	3.18:72	3.12:68	2.59:87	2.55:62
49:00	46:85	41:64	39:66	36:89	35:14	34:28	50m Backstroke	49:00	46:65	43:40	41:33	39:36	37:49	36:57
	1.35:00	1.30:61	1.25:32	1.18:53	1.17:24	1.12:30	100m Backstroke		1.35:00	1.30:68	1.27:29	1.20:78	1.18:45	1.16:55
3.45:00	3.37:59	3.18:10	3.03:88	2.50:13	2.40:07	2.34:21	200m Backstroke	3.43:00	3.30:33	3.12:94	3.04:85	2.55:08	2.48:48	2.44:78
3.50:00	3.41:33	3.20:60	3.08:72	2.52:48	2.46:06	2.39:46	200m IM	3.48:00	3.37:57	3.24:06	3.09:38	2.56:71	2.54:18	2.49:39
		7.02:61	6.36:49	6.01:48	5.48:90	5.42:19	400m IM			7.12:28	6.41:38	6.13:02	6.06:52	6.00:34
1:49:00	1:45:13	1.35:28	1.29:64	1.21:92	1.18:87	1.15:74	100m IM	1.47:00	1.43:34	1.36:92	1.29:95	1.23:93	1.22:73	1.20:46

An entry of 'NT' No Time will be rejected

The above times are to be achieved in a 25m pool. ALL TIMES TO BE ACHIEVED FROM 1st January 2016